

Univision Joins LACDMH In Promoting Client Success Stories

By Kathleen Piché, L.C.S.W., Public Affairs Director



LACDMH continues to partner with Univision for a local and statewide focus on mental health and client success stories. The Spanish speaking network films and airs the segments, entitled “Una Mente, Una Vida,” on Channel 34 twice a month.

“Una Mente, Una Vida” will air as part of Univision’s regular newscasts on Friday and Saturday nights in two parts: a client interview and a clinician interview and will begin airing this Friday at 11 PM and Saturday at 6 PM.

Upcoming segments include interviews with client Refugio Lazo from San Fernando Mental Health Center, who participates in a Spanish speaking grief group facilitated by Ruth Regis, A.C. S.W. Mr. Lazo became depressed after becoming disabled and not able to find work.



Julio Cesar Ortiz, MFT, reporter from Univision spearheaded the project, and has partnered with the LACDMH PIO for over two years. The goal is to increase awareness of mental health issues in the Latino community. Univision reaches over 1.2 million viewers during the 11 PM news broadcast and over 2 million during the 6 PM broadcast. Stay tuned to hear when the next segment will air.